

Life Teen

Leading teens closer to Christ!



www.lifeteen.com
<http://ym.lifeteen.com>

Starting in September, we will offer the Life Teen program to all high school youth. Life Teen will meet, or have "Life Nights," on Sunday evenings in the GPC, following the 6 PM Mass.

What is Life Teen?

- A Eucharist-centered, comprehensive Catholic youth ministry approach
- A non-classroom model of catechesis
- Teen discipleship formed from Christ-centered relational ministry, helping teens feel loved and accepted

Types of Life Nights:

- **Catechetical**-Follows a semester theme and breaks open a particular tenet of the faith
 - **Issue**-Applies the Catholic faith to "hot topics" (i.e. stress, alcohol, drugs, chastity, gossip, etc.)
 - **Social**-A fun night which builds community and friendships
- *During the course of a month, there should be 2 catechetical, 1 Issue, and 1 Social lesson.*

Parts of a "Life Night":

- **Gather**-Welcomes teens, captures attention/interest, and sets tone for the night (i.e. a skit, video, game, or contest)
- **Proclaim**-Teaching portion of the night, making the Word of God relevant to teens (i.e. tag team talk, debate, video, witness/testimony, etc.)
- **Break**-Time to process the night's topic, and how it applies to their lives (i.e. small groups, silent reflection, journaling, questionnaires, etc.)
- **Send**-Wrap-up of the night and a challenge to live out the night's "message," various forms of prayer for close

Life Teen Semester Outline

September

7-SOCIAL-Kick Off

14-Catholic Church & the Holy Spirit

21-4 Marks of the Church

28-ISSUE (Spent!)-Tithing, Time, Talent, & Treasure

October

5-Hierarchy/Teaching Authority

12-Vocations

19-Retreat?/ISSUE

26-Youth Rally in Columbus

November

2-New Evangelization

9-Catholic Church & Other Faiths

16-ISSUE (You Gotta Hear This!)-Gossip, Rumors, Etc.

23-SOCIAL-Bible Basketball

30-NONE-Thanksgiving

December

7-Humanity & Divinity of the Church

14-ISSUE (Wait for It)-Advent, New Year's, Prayer & Fasting

21-SOCIAL-Christmas Party!

28-NONE-Christmas

January

4-Intro to Sacraments

11-Eucharist

18-ISSUE (It's Not My Fault)-Responsibility, Blame, Owning up to your actions

25-SOCIAL

February

1-Confirmation

8-Matrimony

15-ISSUE (Save the Date)-Creative Dating, Temptations, Sacrament of Marriage

22-SOCIAL

March

1-Life in Christ-Call to Holiness

8-Freedom

15-Law: Moral, Natural, & Revealed

22-ISSUE (Desert-ed)-Lent, Desert, Preparation, Purification

29-SOCIAL

April

5-Reconciliation

12-NONE-Easter

19-Moral Authority of the Church

26-SOCIAL-Bible Basketball

May

3-Role of Grace, Sacraments, & Conscience in Christian Living

10-Sexuality & Life in Christ

17-Human Dignity & Life in Christ

24-ISSUE (Exit Up Ahead)-Graduating Seniors, Gratitude, etc.

31-SOCIAL-FAITH FACTOR

CHECKLIST

Core Planning Team:

Date of Life Night:

One month prior to the Night:

- Give copies of the Life Night to each of the members of the planning team. Each person should read the Scripture and Catechism references as well as review the planning guide before the brainstorming meeting.
 - Get the planning team together for a brainstorming meeting (this should last no longer than 1 hour). The team prays and discusses where the teens are in their faith journey in relation to this topic. Then using this planning guide as a starting point, the team adapts the Life Night to meet the needs of the teens and the parish. Create a detailed outline with any changes and/or adjustments.
 - Assign the person responsible for each part of the Life Night:
Environment
-

Introductions

Some Assembly Required (Gather)

Small Group Division

Aposolic/Pass It On (Send)

Two Weeks Prior to Life Night:

- Turn in a detailed outline of the Life Night to the youth minister. Allow youth minister to give feedback and make any necessary changes.
- Create a list of needed supplies and materials. Assign a person to be responsible for collecting and/or purchasing the materials needed.
- Decide the people that will be doing the following things.
Make sure they have a copy of the script and/or teaching

outline. Inform them of any practices and/or deadlines.
Teaching

Week of the Life Night:

- Written outline of the teaching is given to the youth minister and practiced.
- Run a dress rehearsal of the Life Night.
- Create environment and collect needed supplies
- E-mail entire Core team an overview of the night and the small group questions.

Day of the Life Night:

- Set up the environment. Make sure the room is clean and presentable.
- Set up audio and video. Test the video clips to make sure both picture and sound work.
- Walk the entire Core team through the Life Night. Make sure all transitions are ready and everyone knows their roles.
- Pray! Pray for the teens attending the Night. Pray for God's will to be done through the night. Pray over those involved

A Core Member Is...

- Someone who loves teenagers; working with them, praying with them, learning with them...they love them!
- Someone who is a good role model, who respects themselves as well as others
- Someone who is responsible and committed, who will be there when they say they will be, and works well with the team
- Someone who loves their faith, and is continually working on strengthening their relationship with Christ
- Someone who **LOVES TEENAGERS!!!**

