

October 19, 2011



ST. STEPHEN THE MARTYR SCHOOL

# The Martyr Messenger

*By: Principal Roseanne L. Williby, Ed. D.*

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## St. Stephen the Martyr Wins in the US Cellular Contest!

Abundant blessings are realized daily by the students and staff at St. Stephen the Martyr School. Some days are quite remarkable, and Monday October 17<sup>th</sup> was one of them. This day gave proof positive to the maxim that dedication and hard work do pay off. On this day, **US Cellular** visited our school office to announce that our school had won **\$50,000** that will be earmarked for Art Education. This outstanding win is attributed to the many hours invested by our Home and School Association to promote and expertly market this competition. Beginning with the approval for the project by our pastor, Fr. Tieg, along with the continual creative efforts to communicate and motivate our school families and friends to vote for our school in the recent *Calling All Communities* campaign, this has been an aggressively well-organized mission of the greatest precision. Heartfelt appreciation goes out to the support offered by Fr. Tieg, the many hours worked by the Home and School presidents and members, and to all the family and friends who consistently voted so faithfully for our school to improve our Art Education program. **Please join us at our CELEBRATION ASSEMBLY on Friday, November 18<sup>th</sup> at 2:20pm in the school gym.** What a wonderful gift from God to our school!

### Report Cards

Report cards for the first quarter are coming home on Friday, October 21<sup>st</sup>. Please take the time to review this progress report with your student and discuss plans and goal targeting for improvement if needed.

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## **Oct 27-28 Be Sure to Attend Parent Teachers Conferences**

Remember to sign up at these locations from October 17<sup>th</sup> – 24<sup>th</sup> as follows:

- Preschool sign-ups in preschool portables
- Kdg-5<sup>th</sup> grades--- tables in the School Commons
- 6-8<sup>th</sup> grades in the gym without a sign-up
- Resource sign up in the Resource Rooms

**See the page insert in this Messenger for more details on Conferences.**

**REMEMBER: NO SCHOOL on Monday October 31st**

**SCHOOL RESUMES Tuesday, November 1st**

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## **Red Ribbon Week**

We will be celebrating our Red Ribbon Week beginning with our Monday morning assembly on October 24<sup>th</sup>. Thanks to our counselor Lucy Kincaid for her work to help organize this effort. Students will receive ribbons to wear daily to remind them to stay drug-free and bully-free.

## **Halloween Activities and Reminders**

The annual Halloween Parade for kdg-5<sup>th</sup> grades will begin at 2:00pm in the gym on Wednesday, October 26<sup>th</sup>. Hopefully the weather will be dry and comfortable for this event. **BE SURE STUDENTS COME TO SCHOOL IN UNIFORM AND CARRY THEIR COSTUMES TO SCHOOL.** Remember to keep all costuming appropriate for all ages by staying away from costumes that display blood or gore of any kind, devil and evil demons, and cross-dressing is also NOT a permissible costume. Do not bring weapons or masks that impair vision. Remember: only good witches are allowed and all costumes must be modest in all respects.

Grades 6-8 will be traveling to Elkhorn for their bowling extravaganza.

Don't forget..... Trunk-or-Treat will be held in the south parking lot of St. Stephen's on Friday, October 28<sup>th</sup> from 4-8pm. All of the parish is invited to share in the fun: car decorating contests, costumes, and trick-or-treating with treats for all. This spooktackular event will be presented for your thrills and chills by the SSM Youth Ministry.

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## Project HOPE

**The weather is changing and the leaves are falling. For our school students, that means its time to swap out the uniform shorts for long pants.**

Make sure you are prepared for the cooler weather. We carry gift cards for both of our authorized uniform stores: Dennis Uniform and Educational Outfitters.

New to Project HOPE: Discover Cards in \$25, \$50 and \$100 denominations, honored wherever Discover Cards are accepted. We now carry McDonald's gift cards, Costco gift cards and old favorites Hy-Vee, Walmart/Sam's Club and Target.

Send a Project HOPE order form to school with your child on Monday morning and we will send your gift cards home the same day. Or stop at the HOPE table following weekend liturgies or visit the parish office, Monday through Friday.

If we all work together, we can do great things in our parish and our community. We count on you!



If anyone is interested in donating items to the middle school haunted physics lab (Halloween special), please contact Mrs. Jones at [k.jones@stephen.org](mailto:k.jones@stephen.org). Dry ice is especially needed.

**Thank you in advance.**

Dry ice would be needed by 8:00 AM on Oct. 25<sup>th</sup>.

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# Cold Weather Reminder

Regular recesses are scheduled for students K – 5th. All students will wait outside in the morning until 7:50a.m. when the first bell rings. Parents should make sure students are appropriately dressed for the weather.

With a wind chill below ten degrees the students will have indoor recess.

Note: Students require a doctor's note if they are to stay in during recess time.



**Parent Teacher Conferences  
2011-2012  
Thursday and Friday  
October 27 and October 28, 2011**

**SCHOOL HOURS:**

Thursday, Oct. 27: Early Dismissal at Noon for Kinders – 5<sup>th</sup> grades  
Thursday, Oct. 27: NO SCHOOL for Pre-Kindergarten and Middle School  
Friday, Oct. 28: NO SCHOOL for All

**\*\*Oct. 31: NO SCHOOL for All**

**CONFERENCE TIMES:**

**Pre-Kindergarten**

Thursday, Oct. 27: 8:00 a.m. – 8:00 p.m.  
Friday, Oct. 28: 8:00 a.m. - 4:00 p.m.

**Kinders through 5<sup>th</sup> Grades and Special Teachers**

Thursday, Oct. 27: 1:00 p.m. – 8:00 p.m.  
Friday, Oct. 28: 8:00 a.m. - 4:00 p.m.

**Middle School**

Thursday, Oct. 27: 8:00 a.m. – 8:00 p.m.  
Friday, Oct. 28: 8:00 a.m. - 4:00 p.m.

**Lunch break on Thursday and Friday is from 12:00p.m. – 1:00p.m**  
**Dinner break on Thursday is from 5:15p.m. – 6:00p.m.**

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**CONFERENCE SIGN-UPS NEEDED FOR  
Pre-Kindergarten – 5<sup>th</sup> Grades  
Monday, October 17<sup>th</sup> – Monday, October 24<sup>th</sup>**

**Pre-Kindergarten:** Sign-up sheets will be at the Portables  
**Kindergarten – 5<sup>th</sup> grades:** Sign-up tables will be in the School Commons area during the above dates and at your child's classroom on Curriculum Night.  
**Middle School and Special Teachers:** Conferences are held in the Gym, no sign-ups needed, as parents wait in line for individual teachers.  
**Resource:** Sign-up sheets will be at the Resource Rooms

**\*\*Reminder: NO SCHOOL for All on Monday, October 31st!!!!**



US Cellular visits St. Stephen the Martyr on Monday, October 17th with the news of us winning \$50,000.

# U.S. Cellular Calling All Communities

**WELL DONE EVERYONE!  
WE WON THE \$50,000 PRIZE!  
NOW LET'S..**



*St. Stephen the Martyr Families:  
Please join us for the US Cellular Staff and  
Community Members Presentation and Assembly  
Celebration!*

**Friday, November 18<sup>th</sup> at 2:20p.m.  
In the gym**

**Drawings will take place for the following prizes:**

- **1 Student will receive \$1000 off of tuition for the 2012-2013 school -year!**
- **2 - "lunch bunch" with your child's favorite teacher and friends**
- **A lunch with Dr. Williby and two friends at their favorite local restaurant (i.e. Burger King) during school**
- **2 Storm Chasers Baseball Tickets**
- **\$50 Bakers Card**
- **Culver's gift basket**

**HOPE TO SEE YOU ALL THERE!**

**US Cellular Thank You Free Dress Day: November 21**



Mrs. Winkler's class (2C) wins the Box Top for Education Trophy for the month of September!

### PreKindergarten visits the Firestation



**'IGNITING THE LIGHT OF CHRIST WITHIN YOU' PARISH MISSION**  
*October 22th – 26th, 2011*



*Saturday & Sunday, October 22 & 23*  
Paul will share his inspired music at all weekend Masses.

*Sunday, October 23 at 3:00 pm*  
Parish Concert

*Monday, October 24 at 7:00 pm*  
Igniting The Light Of Christ Within You Mission

*Tuesday, October 25 at 7:00 pm*  
Igniting The Light Of Christ Within You Mission

*Wednesday, October 26 at 7:00 pm*  
Igniting The Light Of Christ Within You Mission

A freewill offering will be taken up.

All events will be held in the Worship Space.

Refreshments and Fellowship follow each evening's presentation.

# SPIRIT WEAR 2011

	Long Sleeve T-shirts with " St Stephen" in BLOCK letters					Short Sleeve T-Shirts with "St. Stephen" logo in DISTRESSED letters					
	Pink with White letters	Irish Green with White letters	Orange with White letters	Black with White letters	Grey with Black Letters	Red with white letters	Black with white letters	Royal Blue with white letters	Orange with white letters	Irish Green with white letters	Heather Grey with white letters
	\$16	\$16	\$16	\$16	\$16	\$12	\$12	\$12	\$12	\$12	\$12
Y-SM											-----
Y-MED											-----
Y-LG											-----
Y-XLG											-----
A-SM											
A-MED											
A-LG											
A-XLG											
+A2XL add \$2											
+A3XL add \$3											

	Hooded Sweatshirts with "St. Stephen" logo In White DISTRESSED Letters					Full Zip Sweatshirt – SSM Logo in red with White Outline			Winded V-Neck Pullover	Sweatpants Available with "St. Stephen" logo In DISTRESSED letters		
	Red w/ white letters	Black w/ white letters	Royal Blue w/ white letters	Orange w/ white letters	Heather Grey w/ white letters	Navy	Black	White	Navy		Black w/ white letters	Grey w/ black letters
	\$27	\$27	\$27	\$27	\$27	\$32	\$32	\$32	\$45		\$25	\$25
Y-MED					-----					Y- SM		
Y-LG					-----					Y-MED		
Y-XLG					-----					Y-LG		
A-SM										A-SM		
A-MED										A-MED		
A-LG										A-LG		
A-XL										A-XLG		
+A2XL add \$3										A-XXLG add \$2		

Adult sizes have pockets with open legs.

Family Name \_\_\_\_\_ Phone number \_\_\_\_\_

Student name \_\_\_\_\_ Class/Teacher \_\_\_\_\_ Number of items: \_\_\_\_\_ Payment amount: \_\_\_\_\_

*Return form/payment to school office at Stephen the Martyr*

**ORDER DEADLINE: Thursday, November 3, 2011**

*Questions: Beth Vos 614-8106 or Tonya Lewis 891-0526*

*Checks may be made payable to St. Stephen the Martyr.*

# St. Stephen the Martyr Sweatshirts, Polos and Spirit Wear

**A Fundraiser for the 8<sup>th</sup> grade trip to Washington D.C.**

- School sweatshirts (navy with the SSM flame & cross logo)
- Team sweatshirts (football, soccer, track, baseball, basketball & volleyball)
- Middle school sweatshirts (navy with small embroidered SSM logo on right chest)
- Polo Shirts (with embroidered SSM flame & cross logo)

Short-sleeved available in white, navy, or light blue in youth and adult sizes

Long-sleeved available in white or navy

All sweatshirts plus white and light blue polo shirts may be worn as part of the SSM school uniform.

"Staff" or "Coach" may be embroidered on the polo and sweatshirts for no additional cost.

\*\*\* Spirit Wear is not part of the uniform – Spirit Wear order form is on the back of this page.

Family Name \_\_\_\_\_ Phone Number / E-mail \_\_\_\_\_

Student Name \_\_\_\_\_ Teacher's Name/Class \_\_\_\_\_ Where order is to be delivered; i.e. KC or 8A

\*\*\*If ordering for more than one student, ALL shirts are to be delivered to one classroom\*\*\*

	Sweat Shirts							Polo Shirts						
	Football	Soccer	Track	Volley-Bal	Basket-Bal	Base-Bal	Flame & Cross Logo	Middle School Embroid	SSM Logo Embroid	Plain	"Staff"	"Coach"	"B N W"	Longor Short Sleeve
	\$24	\$24	\$24	\$24	\$24	\$24	\$24	\$30	\$30	\$26	\$26	\$26		
Y-XSM (J10-12)									---					
Y-SM									---					
Y-MED									---					
Y-LG									---					
Y-XLG									---					
A-SM														
A-MED														
A-LG														
A-XLG														
++A2XL														
+A3XL														

\* indicate Light Blue (B); Navy (N) or White (W). Light Blue is NOT available in long-sleeve.

Total # of School & Team Sweatshirts \_\_\_\_\_ X \$24 = \$ \_\_\_\_\_

Total # of Middle School & Adult Embroidered Sweatshirt \_\_\_\_\_ X \$30 = \$ \_\_\_\_\_

Total # of Polos \_\_\_\_\_ X \$26 = \$ \_\_\_\_\_

++ A2XL add \$2 \_\_\_\_\_ X \$ 2 = \$ \_\_\_\_\_

+ A3XL add \$3 \_\_\_\_\_ X \$ 3 = \$ \_\_\_\_\_

Total of Spirit Wear Orders \_\_\_\_\_ \$ \_\_\_\_\_

Total Payment \$ \_\_\_\_\_

Return form/payment to school office at Stephen the Martyr

**ORDER DEADLINE: Thursday, November 3, 2011**

Questions: Beth Vos 614-8106 or Tonya Lewis 891-0526

Checks may be made payable to St. Stephen the Martyr.





# TO TURN IN BOX TOPS!!!

Last day to turn in box  
tops for this month...

**Wednesday, October 26<sup>th</sup>**

Please continue to clip and  
send in box tops to help  
our teachers and students  
cash in on rewards

## HyVee and SSM:

HyVee currently has 3 GREAT promotions going on now to benefit our school!

### #1 – Receipts Program – Sept 1, 2011 through Dec 31, 2011

Save ALL your HyVee receipts (groceries, gas, prescriptions, photos, floral, starbucks inside HyVee) and send to school with your child or drop off in HyVee boxes outside the school office. HyVee will pay our school \$1.00 for every \$200.00 spent – up to \$2,000.

### #2 - SMART BOARDS: Oct 1, 2011 through Dec 30, 2011

For every \$20 of Procter & Gamble products you purchase at Hy-Vee from October 1, 2011 through December 30, 2011, you earn 100 SMART Points to donate to the school of your choice. Get 100 additional points when you purchase two or more Sara Lee Fresh Bakery products in the same transaction as your qualifying \$20 Procter & Gamble purchase. Find the promotional codes printed on your receipt of purchase, and enter it by clicking on the "Donate" button. From there, select the school for which you would like to make a donation.

More than 200 schools with the most points will win!\* Plus, this year the participants with the most points earned from each winning school will win an iPad® for a child currently attending the winning school!

If you don't want to enter yourself, send it to school with your child in an envelope for HyVee receipts or drop off in HyVee boxes outside the school office and we'll enter it for you!!!! A free SMART BOARD would be a great addition to SSM!!! We have won one for the past 3 years now, let's make it 4 years!!!!

Participating P & G /Sara Lee Brands include:

Sara Lee bakery products, align, always, aussie, bounce, bounty, braun, camay, cascade, charmin, cheer, clariol, clearblue, crest, dawn, downy, dreft, Duracell, era, febreze, Fixodent, gain, Gillette, gleem, head&shoulders, herbal essences, iams, ivory, joy, luvs, Metamucil, mr.clean, natural instincts, nice-n-easy, olay, old spice, oralB, pampers, pantene, pepto, prilosec, Pringles, puffs, pur, safeguard, scope, secret, swiffer, tampax, tide, vicks

### #3 – Sunny Delight Book Spree - Now through November 30, 2011

20 UPC labels from sunny delight = 20 FREE books for the classroom!!!!

Did you know that teachers across the country are spending an average of \$550 of their own money for classroom materials every year? That's why SunnyD is teaming up with moms, teachers and kids for the SunnyD Book Spree. Parents collect labels (16 oz size or larger and/or the shrink wrap of 6,8, 12 or 24 single serve Sunny D packs) and send them in to class with their kids.



## **Are you making your Christmas List?**

### **Let Home and School check off a few gifts!**

St. Stephen the Martyr Home & School Association is pleased to announce the annual **Christmas Gift Certificate Program**. The program is a simple way to show your appreciation to all of the staff who helps your children excel at St. Stephens.

**The Teacher Appreciation Committee of the Home & School Association is here to assist with your gift giving by collecting, counting and distributing gifts to our staff. Your monetary gift is passed along to staff members in the form of a Project Hope gift certificate.**

Participation in this program is a great way to show our teachers and staff how much we really do appreciate all they do for our children. **Your gift enables us to thank all the staff who has a vital role in the education of our children. The program also ensures that all the staff at St. Stephens is thanked and remembered at Christmas.**

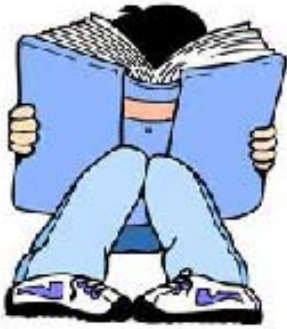
The following is a high-level look at the amazing individuals who make St. Stephen the Martyr school the great place that it is for our children: **Administrative Staff, Classroom/Homeroom Teachers, Teacher Associates, Spanish Teacher, Computer Teacher, Music Teachers, PE Teachers, Librarian, Counselors, Resource Teachers, Kitchen Manager and Staff, Pastors, Maintenance Personnel and select Parish and RE Staff with direct student contact.** The final recipients referenced are individuals who work directly with and support our children through school masses, server training, administration and sacramental preparation. All gift levels are determined based on student interaction. The more significant the time spent with the student population, the higher the gift level. The gift list this year totals 94 individuals. **Consider the time and number of gifts it would take if you were to individually thank all of the staff that interacts with your children every day! This program saves you time and money during the holiday rush.**

**Everyone at St. Stephen the Martyr contributes to the education of our children and this is a great way for all families to show their gratitude. This program has been a huge success in the past and it is our hope that the tradition will continue this year with the support and participation of our St. Stephen's family.**

**Watch for a flyer with step by step instructions in next edition of the Martyr Messenger. The instructions will also be sent home in your child's Friday folder. We will begin accepting gifts in early November.**

Please do not hesitate to contact one of the Teacher Appreciation Committee chairs with any and all questions.

Lori Bonnett/402-896-8740/lori.bonnett@bonnettsolutions.com  
Trish Pickens/402-894-0079/kpickens@tconl.com  
Julie Schmitt/402-896-9079/julie.schmitt@cox.net  
Teacher Appreciation Committee Chairs



The Book Fair is coming!

We will be open in the school commons. The hours we are

open are :

October 26<sup>th</sup>--- 1p.m- 4 pm.

October 27<sup>th</sup>---8 a.m. to 7 p.m.

October 28<sup>th</sup>--- 8 a.m. to 12 noon.

We are also hosting an online book fair.

October 30<sup>th</sup> through November 8<sup>th</sup>.

Please check out our Book Fair webpage at

<http://bookfairs.scholastic.com/homepage/ssm> From this,

parents can link to the online fair.

Books make great Christmas gifts.



# 2011 Babysitting Training



The Safety Council babysitting training prepares 11 to 15 year olds to care for infants and children safely and with confidence!

## Learn:

- Pediatric First Aid, CPR and AED
- Dial 911 and give necessary information
- How to handle an illness or injury
- To evaluate emergency situations

## Plus:

- Changing diapers, feeding, burping and much more!

After learning all of the above, students will receive a Babysitting Class Completion Certificate.

**Cost:** \$58, includes lunch  
**2011 Class Dates:** Jan. 15, Feb. 12, March 5, April 9, May 28, June 11, July 16, Aug. 13, Sep. 17, Oct. 22, Nov. 12, Dec. 10  
**Class Times:** 8:00 AM- 4:00 PM



Greater Omaha Chapter  
non profit 501 (c) (3) organization

For more information or to register, please contact:  
National Safety Council, Greater Omaha Chapter  
11620 "M" Circle, Omaha, Nebraska 68137  
Mike Novak/Program Manager • 402-898-7369  
[www.SafeNebraska.org](http://www.SafeNebraska.org)

In 2006, the Nebraska State Legislature passed LB 994, a bill requiring licensed child care providers to complete training that "shall be designed to meet the health, safety and developmental needs of children...and shall include information on sudden infant death syndrome, shaken baby syndrome and child abuse and neglect". (Nebraska State Statute 43-2606). Once the child care regulations are revised and disseminated, all licensed child care programs will need to meet these requirements. The Department of Health and Human Services and Education, including the Early Childhood Training Center, have worked together to develop these courses"

## Safe With You Workshops

### DAYTIME CLASSES:

8:00 AM - 1:00 PM

### DATES:

January 15<sup>th</sup>, February 19<sup>th</sup>  
 March 5<sup>th</sup>, April 9<sup>th</sup>, June 11<sup>th</sup>  
 July 16<sup>th</sup>, September 17<sup>th</sup>  
 October 22<sup>nd</sup>, November 12<sup>th</sup>  
 December 10<sup>th</sup>

### EVENING CLASSES:

5:00 PM-10:00 PM

### DATES:

May 17<sup>th</sup>, August 16<sup>th</sup>

**PLEASE REGISTER 1 WEEK PRIOR TO CLASS DATE.**

Cost: \$20.00  
 (4 hours of in-service credits)

**Call Mike Novak at  
 402-898-7369 to register.**

Please visit our website to see what other safety courses and events we have to offer!

**[www.SafeNebraska.org](http://www.SafeNebraska.org)**

#### Child Abuse and Neglect---It Could Happen To You

Child abuse and neglect unfortunately happens in Nebraska. Child care providers need to know about child abuse and neglect, how to make a report, ways to strengthen families, and how to prevent child abuse in their own child care

#### Shaken Baby Syndrome

Everyone is at risk of shaking a baby. When a baby is shaken, the shaking can cause brain damage, cause life changing disabilities, and even death. This is one childhood injury that is preventable.

#### Nothin'But Baby - Safe Sleep for Infants

Do you know how to reduce the risk of Sudden Infant Death Syndrome (SIDS) and prevent accidental suffocation? Do you know the safest way to put a baby to sleep? Do you have a safe sleep policy? If you answered NO to any of these questions, this workshop is for you.



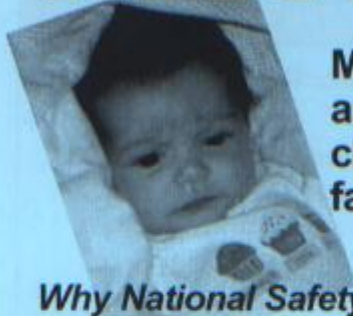
Greater Omaha Chapter

11620 "M" Circle  
 Omaha, Nebraska 68137



National Safety Council, Greater Omaha Chapter

# Infant & Child First Aid/CPR



Meet and exceed Nebraska and federal requirements for child care providers, daycare facilities and others.

## Why National Safety Council:

- Maintain the best... and longest certification level allowed! First Aid certification valid for 3 years, CPR certification valid for 2 years.
- Learn from emergency responders: firefighters, paramedics and health care professionals.
- Always have access to a supportive staff who will retrain or answer any questions you have about infant and child First Aid/CPR.
- Save money – other First Aid/CPR programs require you to re-certify as much as a year sooner!

## 2011 Training Dates:

**MONDAYS & WEDNESDAYS**  
(6:00 - 9:00 P.M.)

*Monday evening session is first aid and Wednesday is CPR portion.*

Jan. 10 & 12; Feb. 21 & 23; March 7 & 9, 21 & 23; April 4 & 6, 18 & 20; May 9 & 11, 23 & 25; June 6 & 8, 20 & 22; July 11 & 13, 25 & 27; Aug. 1 & 3, 15 & 17, 29 & 31; Sept. 12 & 14, 26 & 28; Oct. 10 & 12, 24 & 26, Nov. 7 & 9, 21 & 23 Dec. 7 & 9, 21 & 23

## SATURDAYS

(8:00 A.M. - 2:30 P.M.)

*First Aid portion 8:00 to 11:00*

*CPR portion 11:30 to 2:30*

Jan. 8, 29; Feb. 5, 19, 26; March 12, 26; April 2, 16, 30; May 7, 21; June 4, 18; July 9, 23, 30; Aug. 6, 20, 27; Sept. 10, 24; Oct. 1, 15, 29; Nov. 5, 19; Dec. 3, 17

## Training Location:

National Safety Council  
Greater Omaha Chapter  
11620 M Circle, Omaha  
(Just southeast of 120th & L)

**Training at your location is available!** Call for details.

Infant/Child First Aid & CPR

### COURSE

- Infant/Child First Aid/CPR Training
- Infant/Child First Aid Training
- Infant/Child CPR Training

### COST

\$59  
\$45  
\$50

Date to attend:

**Membership Advantage: We will invoice your company!**  
**All others: PREPAYMENT IS REQUIRED**  
(CANCELLATION POLICY) Cancellations and reschedules received 48 hours prior to the course will receive a full refund. There are NO refunds on uncanceled registrations.

Name \_\_\_\_\_ Title \_\_\_\_\_

Company/Organization \_\_\_\_\_

Company Contact Person \_\_\_\_\_ Title \_\_\_\_\_

e-Mail \_\_\_\_\_ Telephone Number \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Payment Enclosed  Purchase Order Number

Make checks payable to:  
"NSC-GOC"

Visa  Mastercard  American Express  Discover

Credit Card Number

\_\_\_\_\_

Expiration Date \_\_\_\_\_

Name on credit card (please print) \_\_\_\_\_

Signature (required)

How did you hear about this program?

- Online  Supervisor  Media
- Health Fair  Other \_\_\_\_\_



Greater Omaha Chapter  
4040 York Street • Omaha, NE 68137

11620 M Circle, Omaha, NE 68137  
Phone: (402) 898-7369  
Toll-free: (800) 592-9004, ext. 369  
Fax: (402) 896-6331  
e-Mail: [safety@SafeNebraska.org](mailto:safety@SafeNebraska.org)

The National Safety Council - Greater Omaha Chapter, its agents, employees and instructors disclaim any and all liability for any damages whatsoever to any participant of this seminar or any other persons arising out of said person's participation or any information disseminated at this seminar. The Council makes no warranties express or implied nor any endorsement of the products or materials discussed. The information presented at this seminar is for training purposes only and is not intended to be professional advice.



## What To Do When Anxiety Attacks

### Free Education Session For Parents

**Tuesday, November 2<sup>nd</sup>  
6:00 – 7:00 pm**

Jessica Pedeville, Psy.D., Children's Behavioral Health, will present general information about panic symptoms and attacks in children as well as strategies and helpful ways for parents to respond to their child's anxiety.

Open to all parents.

Session will be held at Children's Behavioral Health  
1000 N. 90<sup>th</sup> Street, Suite 200, Omaha, NE

Call 800-833-3100 to register.



October 3, 2011

FOR IMMEDIATE RELEASE

## **Oldest Omaha Parish Fundraiser to Feature Vendors from Four States**

Omaha, NEB – Members with the Saint Wenceslaus Ladies Guild are pleased to announce details for their 17<sup>th</sup> Annual *Fall “Bowtique” and Raffle* event. Omaha’s oldest and most unique charity is Saturday, October 29<sup>th</sup> at Saint Wenceslaus with doors opening at 9am and wrapping up at 3:30pm. The Bowtique will feature over a 140+ crafters from across Nebraska, Iowa, Missouri and South Dakota. The event highlights homemade wood, metal, knitted and jewelry items as well as candles, pillows & blankets and girl accessories plus vendors from Mary Kay, Pampered Chef, Arbonne and more!

The *Fall Bowtique and Raffle* will serve as a benefit to the parish and school as well as the parish community. Twenty-three baskets and numerous gift cards will be also raffled off valued at over \$11,000! Basket prizes include anything from flat screen TVs to limo rides, iPads to sporting events. Winners will be drawn at the event. There’s also treats for the whole family including soups, sandwiches and pies from Harvest Café and Heavenly Grounds Coffee as well as incredible goodies from the homemade bake sale. Last year, over 2,500 shoppers visited our event...you don’t want to miss this!

Again, the 2011 Saint Wenceslaus *Fall Boutique and Raffle* is Saturday, October 29<sup>th</sup> at Saint Wenceslaus Church & School, 15353 Pacific Street, from 9a.m. to 3:30p.m. Admission for the event is a dollar. Tickets for the basket raffle are two dollars. For more information on the event, contact Saint Wenceslaus Church at **402.330.0304** or visit [www.bowtique.org](http://www.bowtique.org) for pictures and a list of our fabulous sponsors. For more information on the basket raffle or to purchase tickets, contact Annette Byman at **402.965.3514**.



## NEWS RELEASE

8401 West Dodge Road • Suite 115 • Omaha, NE 68114 • 1-800-222-1222 • 402-866-6666 • www.NebraskaPoison.com

Nebraska Regional Poison Center 39th Anniversary • 1937-2007

### Be Aware of Boozy Bears

The Nebraska Regional Poison Center would like to make parents and teachers aware of a new internet trend called “boozy bears” and “drunk gummies”. There have been thousands of hits on internet sites teaching teens how to change this gummi-type candy into a vodka-infused candy. The candy absorbs the alcohol and teens are able to take their bag of “candy” anywhere. Parents and teachers would find it difficult to detect this type of alcohol use. It would take only a couple of handfuls to raise a teen’s blood alcohol level to a dangerous situation.

Alcohol poisoning symptoms can include slurred speech, confusion, lack of coordination, double vision, nausea, vomiting, seizures, low body temperature, slowed breathing rate, coma and death.

The Poison Center has not yet received any calls on this. Social media, the internet and digital communication have made this a very different world. Parents and teachers need to be aware of the new alcohol and drug abuse trends.

If you have any questions, please call the Nebraska Regional Poison Center at 1-800-222-1222.

Sponsored by The Nebraska Medical Center • University of Nebraska Medical Center

SHINING THE LIGHT



**FREE FAMILY FESTIVAL**  
**SATURDAY, OCTOBER 29 • 10 AM – 2 PM**  
**7:15 PM "SHINING THE LIGHT" CELEBRATION**  
**VILLAGE POINTE ROUNDABOUT**

Pumpkin Carving • Local Celebrity Carvers  
Fun Kids' Activities • Foster Care & Adoption Information Booths

Join us at the Village Pointe roundabout where hundreds of pumpkins will be carved, lit and displayed on Nebraska's largest pumpkin structure!

Presented by  **Lutheran Family Services**  
of Nebraska, Inc. [www.LFSneb.org](http://www.LFSneb.org)

